

THE MATERIAL GIRL SHOWS HER VULNERABLE SIDE

MADONNA'S FIRST ALBUM IN FOUR YEARS
GETS LISTENERS INTO THE GROOVE: REVIEW PAGE 7



WINNIPEG

metro

®

Tuesday, March 27, 2012



News
worth
sharing.

metronews.ca | twitter.com/metrowinnipeg | facebook.com/metrowinnipeg



University of Manitoba president Dr. David Barnard shows off the new \$50 polymer bill, featuring the icebreaker Amundsen. BERNICE PONTANILLA/METRO

Bill rocks our boat

Local connection.

Vessel used by U of M researchers graces new \$50 note

BERNICE PONTANILLA

bernice.pontanilla@metronews.ca

They're shiny, red and likely to never be called funny.

The Bank of Canada unveiled the new \$50 polymer bills in various cities across the country, including in Winnipeg at the University of Manitoba, on Monday.

The difficult-to-counterfeit bills have a local connection — they feature the Canadian Coast Guard icebreaker and research vessel Amundsen, which is regularly used by U

of M Arctic researchers.

"I'm really proud of our researchers," said Dr. David Barnard, U of M president and vice-chancellor. "The work has been here for a long time but the number (of people involved) has grown, the scope has grown and the importance has grown."

The bills received rave reviews, especially among members of the Canadian National Institute of the Blind. The bills have large numbers and bumps, called cells, which tell visually impaired people which denomination they are.

"We're no longer relegated to handing a bill to somebody else and asking what is it," said Clint Castle, a CNIB board member. "Canada is the only country that does this."

Tibetan's fiery act

Exiled activist stages dramatic protest in New Delhi ahead of visit by China's president to India

PAGE 4

Afghan forces kill partners

Fatal attack on foreign troops latest salvo in rising tensions between Afghan and international forces

PAGE 4

Little Caesars



GRAND OPENING! MEGA DEAL!

4 DAYS ONLY • WED., MARCH 28TH TO SAT., MARCH 31ST

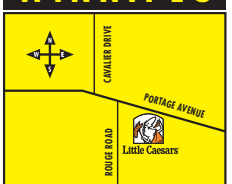
\$10⁰⁰

PLUS TAXES
CARRY OUT ONLY!

2 Hot-N-Ready® Medium Pepperoni Pizzas
+ Crazy Bread® + Crazy Sauce®
+ 2 cans of Coca-Cola®

AVAILABLE AT THIS LOCATION ONLY

WINNIPEG



3380 PORTAGE AVE.

1

NEWS

On the mobile



Analysts are calling it a "two-horse" race between Apple and Samsung as RIM's sales shrink and the lag time between its releases grows. Scan the code for the story

On the web

Madge's drug reference over the line, DJ says

Canadian electronic DJ Deadmau5 has entered into a high-profile feud with Madonna, calling the Material Girl an "idiot" after she appeared to glamorize drug use during a recent concert. Get the full story at metronews.ca/video

Free-for-all

All four assailants charged in North End knife fight

Everyone accused of involvement in a fight at a North End home on Sunday is facing charges after police were left scratching their heads over who was a victim and who was a suspect.

Police were called to 45 Polson Ave. at about 8:20 a.m. to deal with a fight

in progress. Police say the fight started between a 21-year-old woman and a 22-year-old woman over an ongoing disagreement, and escalated when two other women, aged 21 and 24, stepped in.

All four were injured, but police wouldn't say what injuries the women sustained. Two knives were recovered at the scene.

All four women are facing charges including assault with a weapon, assault and possession of a weapon for a dangerous purpose. **SHANE GIBSON/METRO**

North End

Man charged after gunshots ring out

A man is under arrest after shots were fired out the window of a home in the North End on Sunday morning.

No injuries were reported.

Matthew Joseph Holohan, 28, is facing a number of weapons-related charges. **SHANE GIBSON/METRO**

Weekend tragedy

Child caught up in murder-suicide, now safe

Police did not release the names of the couple killed in a murder-suicide in the Maples area over the weekend, but did confirm a child was involved in the tragedy Monday.

A 28-year-old woman and her 32-year-old husband were found dead in an apartment at 1245 Jefferson

Ave. Saturday morning. Police say the man stabbed his wife to death before taking his own life.

Police spokesperson Const. Jason Michalysheh would not elaborate on the relationship of the child to the deceased.

"There was a child involved in this particular matter," he said. "I can tell you that that child was located safely and has been brought into care."

Police are having trouble finding next of kin because the family lives outside of Canada. **SHANE GIBSON/METRO**

Acclaimed new child-care model debuts at local centre

ABC's. Are good for you and me

SEAN LEDWICH
winnipeg@metronews.ca

A new Winnipeg daycare is the first in Canada to adopt an educational model that has been shown to greatly improve adult life.

News that the Abecedarian model is being used with 32 infant and preschool children was announced Monday at the recently opened Lord Selkirk Park Child Care Centre by Children and Youth Opportunities Minister Kevin Chief.

"Alcoholism, gangs, teen pregnancy — all those things drop," Chief said. "High-school graduation goes up and their employability sky-rockets."

A 30-year University of North Carolina study, started in 1972, focused on making every interaction a learning opportunity with activities such as games and conversational reading. Researchers followed more than 100 children from birth, including a

New model of care

- The Lord Selkirk Park Child Centre opened in mid-February.
- The model is used on children from 3 months to 5 years old.
- The cost is subsidized; parents pay \$2 per day.

control group, and in February published the results online in the journal *Developmental Psychology*.

These results showed the Abecedarian children were four times likelier than others to be college graduates, about twice as likely to have a job and far less likely to have used welfare. Also, parenthood was delayed by about two years.

The centre is available only to residents of Lord Selkirk Park Housing Development. There were about 140 demands for spaces, said director Carolyn Young, so a lottery decided which children were accepted into the new program.



MLA Kevin Chief blows some bubbles to the delight of children at the new Lord Selkirk Park Child Care Centre and parent Elise Derksen. **SEAN LEDWICH/FOR METRO**

Event highlights lifelong learning



Motivational speaker and lawyer Lesra Martin speaks at International Adult Learners' Week in Winnipeg on Monday. **SHANE GIBSON/METRO**

Lesra Martin knows the importance of literacy firsthand.

The Canadian lawyer, who went on to help free former American boxer Rubin (Hurricane) Carter from a wrongful murder conviction after learning to read at age 15, was in Winnipeg on Monday to kick off International Adult Learners' Week.

"The main thing for me is for people to recognize that we have an opportunity in this country and right here in Winnipeg to achieve some

Learn more

- **Literacy for life.** For more information, go to abclifelif literacy.ca.

great things," Martin said, after an engaging speech at the Millennium Library's Carol Shields Auditorium.

"There are opportunities in this community to improve your literacy skills if you wish to do so.

"In order to ensure that we have a strong commun-

ity and a strong country, we have to dedicate ourselves to being lifelong learners."

International Adult Learners' Week runs through April 1, with events planned at Immigrant Centre Manitoba on Tuesday morning and at McNally Robinson Booksellers on Wednesday evening.

"It's to raise awareness and make people think about adult learners," Wendy Bulloch, executive director of Literacy Partners of Manitoba, said of the week's events.

SHANE GIBSON/METRO

NDP leader attacks Conservatives on mounting debt

House of Commons.

Newly elected Opposition leader Thomas Mulcair scrappy in question-period debut

Thomas Mulcair made his question-period debut as NDP leader Monday after a standing ovation from his caucus and compliments from his defeated opponents.

The newly minted Opposition leader showed his scrappy side as he took on the Conservatives for the first time from his new seat in the House of Commons.

He said the government has failed miserably at getting the country back to work and demanded action in Thursday's budget.

"Since the Conservatives came to power, Canada has



Newly elected NDP leader Thomas Mulcair stands in the House of Commons. THE CANADIAN PRESS

lost hundreds of thousands of good jobs in the manufacturing sector," Mulcair said.

Heritage Minister James Moore retorted that 600,000 jobs have been created under the Tory watch.

"We will continue to move

in that direction in the next budget," Moore said.

Mulcair wasn't buying that. "They are leaving the largest environmental, economic and social debt in our history for future generations," he said.

Mulcair's party greeted him warmly in his first Commons appearance since he came out on top in a seven-person race for the leadership at the party's weekend convention in Toronto. His four MP opponents spoke briefly about the need for unity. Toronto MP Peggy Nash urged the party to "unite behind our leader and future prime minister."

Olivia Chow, widow of former leader Jack Layton, remained pointedly neutral during the campaign, but she dropped that attitude on Monday to praise Mulcair.

"We can be proud to say that New Democrats across Canada elected a strong and experienced leader," Chow said.

THE CANADIAN PRESS



Calling all campaigners

Alberta Conservative Leader Alison Redford talks about the election call in front of her bus during media availability in Edmonton on Monday. The Alberta election is called for April 23.

JASON FRANSON/THE CANADIAN PRESS

Separation survey?

Quebecers torn on Constitution

Quebecers still have an appetite for independence if they don't get constitutional reform, suggests a Leger Marketing survey.

The new survey found that 44.5 per cent of Quebecers would still support separating from Canada if the Constitution could not be changed enough to satisfy the majority of the province. Nearly 39 per cent said the province should stay in the federation even if no amendments are made.

THE CANADIAN PRESS

Troubling U.S. trend

Canuck profiles off-limits to snoops

Labour laws in Canada offer strong protection from employers who ask jobseekers for personal information like social media passwords.

Rules in the U.S. are much more lax, lawyers said, citing cases in which hiring managers have asked candidates to turn over their login information as part of the vetting process.

THE CANADIAN PRESS

Ban on brothels unconstitutional, court rules



Dominatrix Terri-Jean Bedford holds a whip as she leaves a news conference in Toronto Monday, after Ontario's top court struck down a ban on brothels.

COLIN PERKEL/THE CANADIAN PRESS

A ban on brothels puts prostitutes at risk and is therefore unconstitutional, Ontario's top court ruled Monday in a decision hailed by sex-trade workers as pivotal in making their lives safer.

"The new spring has come for sex workers, a new era has been ushered in," lawyer Alan Young, the lawyer who launched the challenge, said Monday. "There was always this feeling they were second-class citizens who didn't have rights and simply should just be quiet about their plight."

Valerie Scott, one of three women involved in the case, said "I feel almost like we're

debutantes at a ball."

"It's pivotally important for women to work together, two or three or four women working together," Scott said.

"When you have people around, generally, you don't see as much violence."

"If everyone had to work alone and isolated, no matter what occupation you're in ... there would be a lot more violence in the world."

The ruling came in an appeal by the federal and Ontario governments of a lower court ruling that found three provisions dealing with prostitution were unconstitutional in that they contributed to the

dangers faced by prostitutes.

However, the Ontario Court of Appeal — in its decision Monday — upheld the ban on soliciting as a reasonable way to protect communities.

It also "read in" wording to the criminalization of living on the avails of prostitution to make it clear that exploitation of prostitutes should be illegal.

"Prostitution is a controversial topic, one that provokes heated and heartfelt debate about morality, equality, personal autonomy and safety," the court wrote in a split decision stretching to 132 pages.

"It is not the court's role to engage in that debate. Our role is to decide whether or not the challenged laws accord with the constitution."

The five-judge panel agreed fully with the lower court in finding that the law against brothels was too broad because "it captures conduct that is unlikely to lead to the problems Parliament seeks to curtail."

The court also found the impact is "grossly disproportionate" to the law's intent because "the safest way to sell sex is for a prostitute to work indoors in a location under her control." THE CANADIAN PRESS

Become a Plasma Donor

We are looking for healthy people with negative blood types to donate plasma. Plasma will be used to create a medication that can save babies lives. Plasma donors are compensated for their time.

cangeneplasma.com (204) 771-2804



Tibetan exile sets himself on fire to oppose China

Demonstrations.

Tibetan exiles stage dramatic demonstrations as China's president prepares to visit India

A Tibetan exile lit himself on fire and ran shouting through a demonstration in the Indian capital Monday.

The incident occurred just before a visit by China's president and following dozens of self-immolations done in China to protest against its rule over Tibet.

Indian police swept through the New Delhi protest a few hours later, detaining scores of Tibetans.

The man apparently had doused himself with something highly flammable and was engulfed in flames



A Tibetan nun in exile scuffles with police officers during a protest in New Delhi, India, Monday. Earlier in the day a Tibetan man lit himself on fire and ran shouting through a protest in the Indian capital, just ahead of a visit by China's president Hu Jintao and following self-immolations in the Himalayan region against Beijing's rule. MANISH SWARUP/THE ASSOCIATED PRESS

when he ran past the podium where speakers were criticiz-

ing China and President Hu Jintao's visit. Fellow activ-

ists beat out the flames with Tibetan flags and poured

water onto him.
THE ASSOCIATED PRESS

Tensions spike

Afghan security partners kill foreign colleagues

Afghan security forces shot and killed three international troops Monday in two separate incidents.

They are the latest in a rising number of attacks in which Afghan forces have turned their weapons on their foreign partners.

The killings reflect a spike in tensions between Afghan and international forces that follow an American soldier's alleged massacre of Afghan civilians, the burning of Muslim holy books at a U.S. base, and uncertainty about Afghanistan's fate as foreign troops prepare to pull out.

Since 2007, an estimated 80 NATO service members were killed by Afghan security forces.

THE ASSOCIATED PRESS

Obama's health law gets day in court



Protesters with the Tea Party Patriots, including Linda Dorr of Laguna Beach, Calif., centre, protest the Affordable Care Act outside the U.S. Supreme Court in Washington, D.C., on Monday. JACQUELYN MARTIN/THE ASSOCIATED PRESS

Hearings begin. U.S. Supreme Court will hear arguments on a law that would give health insurance to 95 per cent of Americans

The U.S. Supreme Court Monday heard the first of three days of arguments on President Barack Obama's health-care overhaul.

The overhaul touches core political divisions in the United States and will have a major impact on the life of virtually every American.

Since Obama signed the legislation into law two

years ago, 26 states have challenged the constitutionality of the overhaul. It's the largest expansion in the nation's social safety net in more than four decades.

All four Republicans battling for the nomination to challenge Obama in November have promised to undo the overhaul. That is unless the conservative-dominated Supreme Court doesn't strike it down in a decision expected in June.

The fight over the law, aimed at extending health insurance to more than 30-million Americans, has further inflamed deep divisions in a country knocked off balance by the recession and embroiled in a political

Much at stake

- Until the health-care law, the United States was the only major developed country without a national health-care system.
- The hearings this week will be closely followed for clues about what the nine Supreme Court justices are thinking. The court has four liberal-leaning justices and five conservatives.

battle about the role of government.

In active questioning over

90 minutes, none of the justices appeared to embrace the view of some that the case has been brought prematurely.

Solicitor General Donald Verrilli Jr., defending the health law, urged the court to decide what he called "the issues of great moment" at the heart of the case.

Republicans are leading the fight to kill the law either via the court or through congressional repeal. They say the worst fears about what they derisively call "Obamacare" have already come to pass in the form of higher costs and regulations, claims that the law's supporters dispute.

THE ASSOCIATED PRESS

Continuing Studies Continuing Success

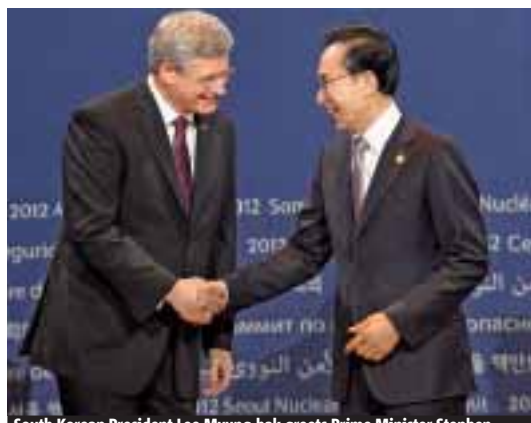
REGISTER NOW FOR THE SPRING TERM!

Whether you're seeking a promotion, a career change, or personal satisfaction, RRC offers a wide range of part-time and full-time programs and courses that can help you achieve your professional goals.

Tel: 694.1789 | 1.866.242.7073 | e-mail: cde@rrc.ca | www.rrc.ca/c+de

 RED RIVER COLLEGE

North Korea haunts global nuclear summit



South Korean President Lee Myung-bak greets Prime Minister Stephen Harper during a welcome ceremony for the Nuclear Security Summit at the Coex Center in Seoul on Monday. SUSAN WALSH/THE ASSOCIATED PRESS

Distraction. Though not on the summit agenda, North Korea's nuclear intentions are on the back of world leaders' minds

Stephen Harper touched down in Seoul on Monday to attend a global nuclear summit amid a rising cacophony of threats and challenges involving North Korea, its atomic program and the regime's accelerated plans to hurl a satellite into space.

Even though his objective is to talk about how to stop the proliferation of nuclear material and weapons of mass de-

struction, the prime minister's schedule was packed with a series of bilateral discussions with European countries, which have been struggling to contain their debt crisis.

Harper and his officials, including Foreign Affairs Minister John Baird, met with Italian Prime Minister Mario Monti.

Although it's not officially on the summit agenda, North Korea stole the initial headlines after U.S. President Barack Obama challenged the leaders of the rogue regime "to have the courage to pursue peace."

His demand came as Seoul warned it might shoot down a North Korean rocket carrying a satellite if it violates South Korean territory.

Baird acknowledged the

distraction, but suggested it should not hijack the conference. "We're working with our allies and others to take every diplomatic measure necessary to send a very strong message to the North Korean government that we strongly disapprove," he said.

The launch has been described by the U.S. as a test of Pyongyang's ballistic-missile technology. It's a charge the new regime of Kim Jong-un denies. Obama said he stood by his pledge for a globe without nuclear weapons.

THE CANADIAN PRESS

Market Minute

DOLLAR
100.89¢
(+0.76¢)

Natural gas: \$2.226 (-4.9¢) (per 1,000 cubic feet)
Dow Jones: 13,241.63 (+160.9)

TSX
12,574.79 (-109.13)

OIL
\$107.03 US (+\$0.16)

GOLD
\$1,685.60 US (+\$23.20)

Only Cleansing Can Make You Feel This Good

If there was only one thing you could do to improve your health and increase energy it would be a total body cleanse. Everyday your body is under attack from pollution, pesticides, chemicals and toxins. They are in the food we eat, the water we drink, and the air we breathe. No matter your lifestyle, no one is escaping this constant barrage of toxins.

First Cleanse

First Time Cleanse

TESTIMONIAL - Enjoyable Experience
"This was my 'first cleanse', and I can truly say it has been an enjoyable experience. I followed the directions, and made changes in my diet. The first few days, I began to notice some changes in my energy levels and 'waste elimination'. I also could tell the products were working, as my skin had mild breakouts. Towards the end of the program, the breakouts had cleared up, I was more regular in waste elimination, and I lost 7 pounds." - 2011-10-04



WHY YOU SHOULD CLEANSE

More Energy
Improved Elimination
Reduced Toxic Load
Increased Stamina
Better Health
Feel Less Bloating

CleanseSMART Advanced Total Body Cleanse

TESTIMONIAL - Thank you so much! "My fiancée and I had always thought that we were relatively healthy at 47 years of age and had fairly decent eating habits in that we were conscious of what we put into our bodies - fresh fruit and veggies, as little processed meats, white flour, sugar, salt, etc. but over the last 6 months or so we were beginning to feel sluggish and that our age was finally catching up to us - very rapidly. We searched the internet and narrowed our search to CleanseSMART's 30 day cleanse. We are very happy to report that after only five days both of us felt an amazing change in our bodies - lighter, healthier and more energized! Thank you so very much for your expertise in formulating this cleanse." - 2008-01-16

Rapid Cleanse

Quick 7 Day Cleanse

TESTIMONIAL - Excellent! "I tried this because I was feeling sluggish with achy muscles, I now have more energy than I have had in a long time. Excellent product! I will likely try the 30 day CleanseSMART cleanse when I have the time but for a quick feel good solution this is the answer." - 2009-09-15

Look For Renew Life Products At Your Local Health Food Store Or
Wherever Natural Health Products Are Sold. To Find A Store Near
You Visit WWW.RENEWLIFE.CA Or Call 1-800-485-0960 Ext 3

Facebook icon
Twitter icon
LinkedIn icon

\$3 Off

Receive \$3 Off Your
Next Purchase Of Any
Renew Life Product*

*Dear Retailer: Renew Life Canada Inc. will reimburse the full value of this coupon on the purchase of the product specified. Other applications may constitute fraud. Applications for reimbursement received after 6 months from the expiry date, as indicated below, will not be accepted. Failure to send in, on request, that sufficient stock was purchased in the previous 90 days to cover the coupons will void coupons. Coupons submitted become the property of Renew Life Canada Inc. Reimbursement will be made only to the retail distributor who redeemed the coupon. For redemption, mail to: Renew Life Canada - 8 - 1273 North Service Road East - Oakville, ON - L6H 1A7.
* Limit one coupon per purchase. Coupon expires April 30th, 2012.



\$1000 CASH



CANADA'S LEADER IN DIGESTIVE CARE & CLEANSING!

Our products help your body feel good, but our contest can make your wallet feel good too. Visit www.clubmetro.com to enter the contest and www.renewlife.ca to find out more about how Renew Life can help you feel amazing and achieve your health goals.

To register and
for full contest
details visit
clubmetro.com

THE WOES OF WOULD-BE HOMEBUYERS



SHE SAYS...
Jessica Napier
metronews.ca/shesays

My mother always told me that one of her biggest mistakes in life was not getting on the property ladder early enough. Consequently, I've had a desire to invest in bricks and mortar since my late

teens.

After four years together and a semi-aggressive saving plan, my boyfriend and I are finally ready to take the leap toward permanent cohabitation. After all, you can wait forever for the real-estate bubble to burst or you can suck it up and decide the "right time" is never going to come and just take the plunge. We were pre-approved for a horrifyingly unrealistic mortgage, found ourselves a patient agent and resolved to give up all our weekends for the unforeseeable future.

Of course, finding a place that fits all our criteria and our budget is proving to be a seemingly impossible task. There's always something not quite right. Units are too small, too pricey, too dark, too high. I'm starting to feel like the Goldilocks of urban real estate.

Downtown digs

"We make sacrifices to live the urban dream — we give up space, money and perhaps a little bit of our sanity. But, for me, there are intangible joys that come with downtown living that make it all worthwhile."

Whenever I get terribly depressed about my home-buying woes I log on to FML Listings, a Toronto-based blog that highlights the absurdity of the city's real-estate market by posting outrageous listings alongside snarky commentary. For added impact, the site compares Toronto listings with those in other markets. For example, a three-bedroom bungalow about half an hour outside downtown is listed at just under \$1.8 million, roughly the same price as Paula Abdul's mansion in the Hollywood Hills. Heart-breaking isn't it?

So why bother trying to buy in the city at all?

We make sacrifices to live the urban dream — we give up space, money and perhaps a little bit of our sanity. But, for me, there are intangible joys that come with downtown living that make it all worthwhile.

While walking home last night after another series of hopeless viewings, we stumbled across a street performer playing a very unique rendition of Greensleeves. The man was using a bow to play an industrial saw as an instrument. It was a beautifully strange sight but not out of place among the eclectic happenings of the city. You just don't find that in the suburbs; you'd never see anything like that outside the window of your SUV in a strip-mall parking lot.

The city itself has an unpredictable way of reminding me that this is where I belong. So despite all the hours lost in open houses and blood-pressure-raising bidding wars, I know we'll get there in the end.



Being a homeowner in the city has its price. ISTOCK

Director reflects on voyage 'to hell'



MARK THIESSEN / NATIONAL GEOGRAPHIC

The Titanic

Director returns from 'the abyss'

PACIFIC OCEAN. The last frontier on Earth is out-of-this-world, desolate, foreboding and moon-like, James Cameron said after diving to the deepest part of the ocean. And he loved it.

THE ASSOCIATED PRESS

Reaction



"Back from trip to deepest pl on Earth — oceans hadal zone. Puts a new spin on 'to hell and back'. Good to see the sunshine."

JAMES CAMERON TWEETS AFTER FEAT

Mariana Trench

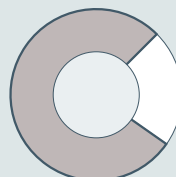
- Hydraulic failure meant Cameron was unable to retrieve samples from the trench.
- He said, "My feeling was one of complete isolation from all of humanity."
- Cameron said he had hoped to see a strange deep-sea monster, a creature that would excite the storyteller in him and resemble something out of his movies, but he didn't.
- The trench is 120 times larger than the Grand Canyon and more than two kilometres deeper than Mount Everest is tall.



Register at metropolitanpanel.ca and take the quick poll

Were you surprised the iPhone topped the BlackBerry as Canada's smartphone of choice?

78%
NO. IT WAS A
LONG TIME
COMING



22%
YES. WE
SHOULD BE
LOYAL TO
OUR HOME
BRAND

Twitter

@wpglovehate: Spring Cleanup has begun in #winnipeg, ensuring a Spring blizzard and below seasonal temperatures. Just watch.

@BobIrvingCJOB: Went on twitter the same day as doug brown. Exciting to be in the company of a future hall of famer and budding radio and tv commentator

@BrentButt: SK tax credit allowed me to come

back to film Corner Gas in SK, instead of doing it in BC or AB or MB or anywhere else.

@TamRuther: I am trying really hard to not eat at restaurants everyday, but there are so many good ones in #winnipeg

@s_trims: Jets game tonight! So pumped to finally go! Thanks Julie for the tickets!! #gojetsgo #winnipeg



Madonna shows her vulnerable side on her new album, MDNA. GETTY IMAGES

Deconstructing the Material Girl's MDNA

New album. Metro's Pat Healy listens to Madonna's first new album in four years and hears her mortal side

PAT HEALY
Metro World News

Madonna is a bitch out of order, a bat out of hell and a fish out of water.

At least that's what she compares herself to in the song Gang Bang, off her brand new album, MDNA.

Madge's claim about being

broken, angry and alienated is a succinct self-analysis.

It's been four years since her last album of new material, the longest gap of her nearly 30-year career, which would explain the fish-out-of-water feeling — to say nothing of the fact that her last album came out a full six months before the debut of another Italian-American with a stage name, a penchant for shock value and a monster-load of blond ambition, Lady Gaga.

As far as the bitch-out-of-order and the bat-out-of-hell, her venomous personal lyrics on this album make it difficult to distinguish Madonna — the pop legend — from

Madonna, the mortal whose eight-year marriage to director Guy Ritchie ended in a bitter divorce.

"I tried to be a good girl. I tried to be your wife," she sings on I Don't Give A.

It is this vulnerability that gives MDNA its vitality. And this uneasiness of being thrown into a different life situation almost makes it acceptable for her to sing like a teenager about drinking too much Tanqueray and "Tweetin' in the elevator." Comparing a new love to Mike Jordan and Abe Lincoln in the same song? Well, that's just silly. But she seems to acknowledge there's a personal crisis at hand, where impulsive behaviour is the norm, singing, "I know I shouldn't act this way" in Girl Gone Wild.

This confessional intimacy also makes it difficult to criticize Madonna for imitation, which she does indulge in a bit on MDNA.

To that charge, the material girl is just as much of a smart shopper as she's always been, using the baddest guest stars (including Nicki Minaj and M.I.A.) and the best producers (including Martin Solveig and William Orbit) to bring her sound into now.

Deluxe it up

- The deluxe edition clocks in at more than an hour, which can be a little exhausting, but it features perhaps some of the best songs, including an almost punky duet with M.I.A. called B-Day Song, and the plaintively titled and emotionally raw, I F—d Up. Madonna may not have been the one to make an F-bomb acceptable in a pop song (that honour belongs to Cee-Lo, obviously) but she sure as hell can make it her own.

Criticism

Deadmau5 chastises Madge

Canadian electronic DJ Deadmau5 has entered into a high-profile feud with Madonna, calling the Material Girl an "idiot" after she appeared to glamorize drug use during a recent concert.

The 53-year-old pop star was performing at the Ultra Music Festival in Miami over the weekend when she asked the crowd: "How many people in this crowd have seen Molly?" Molly is a slang term for the drug MDMA.

The DJ took to Facebook to slam Madonna with an expletive-filled rant condemning her behaviour. "Very classy there Madonna," he wrote on Monday. "Quite the f'n philanthropist."

THE CANADIAN PRESS

The makeup of MDNA

- Approximate number of times the words "girl" or "girls" are used: 63.
- Approximate number of times the word "bitch" is used: 13.
- Approximate number of songs that are most likely about Guy Ritchie: Six and a half.
- Number of previous Madonna hits referenced by title: Three.
- Number of Nicki Minaj guest appearances: Two.
- Number of songs with spoken prayers: Two.
- Number of songs where a banjo is clearly audible: One.

2

SCENE

Scene in brief

Prime time for Kimmel

Late-night host Jimmy Kimmel just got a prime-time gig: Host of the 64th Primetime Emmy Awards.

The star and executive producer of Jimmy Kimmel Live! will host the Emmy Awards ceremony on Sept. 23 at the Nokia Theatre in Los Angeles. "I hope to be able to do for the Emmys this year what Eddie Murphy did for the Oscars," Kimmel joked, referring to the comedian who pulled out as host of this year's Oscar ceremony. This is Kimmel's first time hosting the Emmy Awards. Kimmel's namesake show is in its 10th season on ABC. He previously hosted the American Music Awards and the ESPY Awards and is set to host the White House Correspondents' dinner next month.

THE ASSOCIATED PRESS

On the Web



Nice guy Eric McCormack from Will & Grace taps into his sinister side for return to Broadway



LITERACY AND LIFELONG LEARNING

"Live as if you were to die tomorrow. Learn as if you were to live forever." – Gandhi

Imagine if you couldn't make sense of a simple street sign, read a prescription label or share a bedtime story with your child. For some Canadians all they can do is imagine because they lack the literacy and essential skills that many of us take for granted.

Statistics show that four out of 10 adult Canadians, age 16 to 65 — representing nine million Canadians — struggle with low literacy. They fall below level 3 (high school completion) on the prose literacy scale. It's a sad statistic but true. The good news is that there are hundreds of volunteer organizations across Canada that offer adult learners the opportunity develop their literacy skills and their confidence.

ABC Life Literacy Canada is a non-profit organization that inspires Canadians to increase their literacy skills, and offers resources and contacts for anyone interested in improving everything from reading and writing to math and computer skills. "We can connect adult learners with local literacy organizations for training in a wide range of areas," says Margaret Eaton, President of ABC Life Literacy Canada. "We're proud to have partnerships with more than 400 of these organizations across the country."

Organizations such as ABC Life Literacy Canada are dedicated to helping Canadians build essential skills to be successful in the workforce but also in life. "People want to increase their skills for a number of reasons, not only to find better jobs, but also to play a more active

role at home, whether it's to gain a better understanding of household finances, help their children with homework or read a storybook to their grandchildren," says Eaton.

GOING BEYOND THE THREE RS

Although there is, and will always be, a focus on learning the three Rs (reading, writing and arithmetic), a new requirement has emerged — the need for more computer-literate workers.

"We've reached the end of many of the high-wage, low-literacy jobs in heavy industry and manufacturing," says Eaton. "For many businesses it's the knowledge-based jobs that will carry their companies in the future. These jobs require higher levels of understanding, writing and communicating."

LITERACY: A LIFELONG JOURNEY

For Eaton the power of literacy is clear. "Literacy is a wonderful tool that opens up a world of opportunities for individuals and allows them to engage fully and confidently in life's activities — whatever they might be. And learning is a lifelong journey that should never end."

For more information, visit abclifelif literacy.ca

A SPECIAL WEEK TO CELEBRATE LEARNING

This year, the Canadian Commission for UNESCO has declared March 24 to April 1, 2012 as (International Adult Learners' Week). Celebrated in Canada since 2002, International Adult Learners' Week is a celebration of the importance of lifelong learning and adult literacy.

LITERACY AND THE ECONOMY: HOW DOES ONE IMPACT THE OTHER?

Craig Alexander, Senior Vice-President and Chief Economist for TD Bank Financial Group, is a strong advocate for improving literacy levels in Canada. He is also a board member of ABC Life Literacy Canada, a national non-profit organization that inspires Canadians to increase their literacy skills.

Recently, Alexander talked about literacy and the Canadian economy. According to Alexander, the performance of an economy is driven by two factors: first, the size and skills of its labour force; and second, the ability of its economy to innovate through productivity improvements. Literacy is the cornerstone of skills development; it is the foundation upon which other skills are built.

Alexander estimates that weak literacy skills could be costing the Canadian economy as much as \$80 billion in lost economic opportunity. Improved literacy skills could create thousands of jobs and would materially help to reduce poverty in Canada.

WHAT CAN BUSINESSES DO?

"Businesses should be engaged in pro-

moting literacy skills development," says Alexander. "This could be done, for example, by helping to fund skills training for employees. However, studies have shown that it is not the cost that is the main deterrent to skills development. In many cases, the individuals needing additional training have difficulty balancing work-life responsibilities."

Steel manufacturer ArcelorMittal Dofasco dealt with the work-life balance issue in a unique way. The company established an essential skills training program that was free to employees, who were also paid for half their time in the classroom. Employees enrolled in 12-class sessions where they were taught literacy, basic computing, keyboarding and business writing.

The most recent mass survey — the 2003 International Adult Literacy and Skills Survey (IALSS) published by Statistics Canada — found that 48 per cent of adult Canadians don't have the necessary literacy skills to achieve their full potential at work, at home and in the community.



SURVEY SAYS...

FROM THE RECENT METROPOLITAN PANEL SURVEY ABOUT LITERACY:



ALMOST 50 PER CENT OF RESPONDENTS SAY THAT THEY HAVEN'T RECEIVED ANY TRAINING OR PROFESSIONAL DEVELOPMENT IN THE PAST YEAR



Results courtesy of the Metropolitan Panel, an online research panel dedicated to dialogue with you!

ABC LIFE LITERACY CANADA: TRANSFORMING LIVES



ABC Life Literacy Canada has a clear vision — a Canada where everyone has the skills they need to live a fully engaged life. It's this vision that the national non-profit and its many supporters and ambassadors have been working tirelessly towards for more than 20 years.

With a focus on inspiring Canadians to increase their literacy skills, the national non-profit organization focuses its efforts on moving the cause forward. The organization connects and mobilizes business, unions, government, communities and individuals to support lifelong learning through various programs, communications and partnerships.

SUPPORTING ADULT LEARNERS WITH RESOURCES ACROSS CANADA

Visitors to the ABC Life Literacy Canada website (abclifeliteracy.ca) will find a list of programs, useful resources and links, such as LEARN, that help adult learners and their families connect with literacy organizations in their area. LEARN, Canada's first national literacy campaign, has been running successfully since 1994. Thanks to The Yellow Pages Group™, LEARN has assisted learners coast-to-coast in seeking help to improve their literacy skills.

MAKING FAMOUS CANADIAN AUTHORS ACCESSIBLE TO EVERYONE

Adult learners who want to enjoy a great read from a best-selling Canadian author can check out Good Reads®.

Through this program, learners can enjoy short books (10,000 to 12,000 words, about 100 pages), with easy-to-understand vocabulary and structure. Good Reads encourage reading practice, develop reading skills, and increase reading confidence. The list includes works of fiction from best-selling authors like Joy Fielding. There are also non-fiction choices including, *Easy Money*, written by financial literacy expert and TV star Gail Vaz-Oxlade.

HONOURING EXCELLENCE IN ADULT LITERACY

Each year, ABC Life Literacy Canada celebrates the achievements of exceptional learners and practitioners with four annual awards to honour excellence in the areas of journalism, learning centres, workplace literacy and corporate commitment.

For more information about ABC Life Literacy Canada, please visit abclifeliteracy.ca

FAMILY LITERACY DAY

Held annually on Jan. 27, Family Literacy Day was developed by ABC Life Literacy Canada in 1999 to celebrate adults and children reading and learning together, and to encourage Canadians to spend at least 15 minutes enjoying a learning activity as a family every day.

HELPING ADULT LEARNERS MOVE ON

For the staff at Alexandra Park Neighbourhood Learning Centre (APNLC), it's all about helping adult learners move on to "the next step."

APNLC helps learners develop skills in the areas of reading, writing, numeracy, digital technology, self-management and self-direction, and working with others.

According to intake worker Katie McLeod, the support doesn't end there. "We also support learners in the process of applying for college and university programs, post-secondary and apprenticeship programs, volunteer positions, and various employment opportunities."

As an intake worker at APNLC, McLeod is the first person new learners meet when they start their programs. "I'm always struck by how incredibly strong they are and how determined to overcome the barriers they've faced and continue to face," she says.

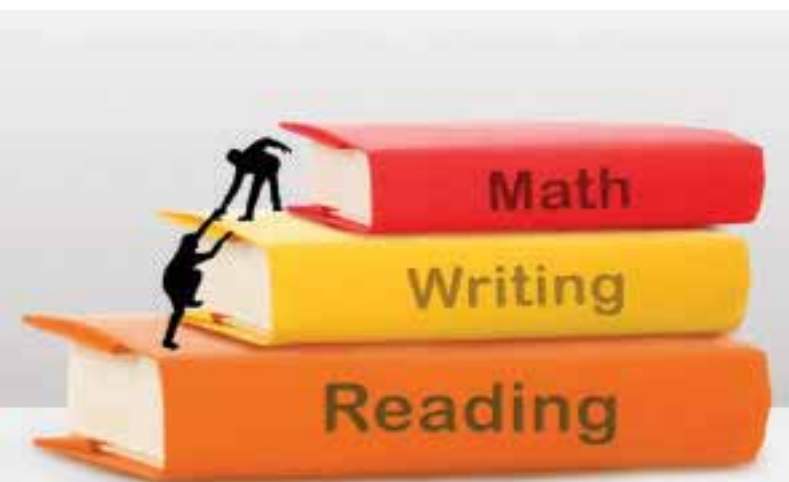
"For many learners, an adult literacy program is the first place where they feel their innate talents and interests are recognized

and encouraged to flourish. It may be the first time they feel excited about learning. Having the opportunity to work in this environment with these people has enriched my life in so many ways," McLeod says. "The adult learners I've met in our program have inspired me to pursue my own path of lifelong learning."

One of the adult learners she has been working with over the past few months is Anne Comrie, who immigrated to Canada from Jamaica 30 years ago. Comrie's goal in taking the literacy program at APNLC is to enhance her skills so she can pursue a college diploma. "The program offers so much," she says. "The support I receive from Katie and others at the centre is helping me enhance my reading, writing and comprehension skills and my computer skills. There are also Money Matters sessions that give valuable advice on how to manage my money." With everything she's learning, Comrie feels more confident about her skills and her prospects for the future.

HOW TO CELEBRATE

Celebrate International Adult Learners' Week with New York Times best-selling author Joy Fielding at McNally Robinson Booksellers on Wed., March 28th at 7:00 p.m. Fielding will be signing autographs, answering your questions and reading from her Good Reads book, a new series for adult literacy learners. Visit mcnallyrobinson.com.



Learn More. Achieve More.

If you or an adult you know would like to improve reading, writing or math skills, look under LEARN in the Yellow Pages™ or visit www.LookUnderLearn.ca



Y 1/3 OF RESPONDENTS FEEL
HAT THEY LEARN EVERY DAY



OF THE NINE ESSENTIAL SKILLS, RESPONDENTS
FEEL THE GREATEST NEED FOR IMPROVEMENT IS
IN CONTINUOUS LEARNING, COMPUTER USE,
AND ORAL COMMUNICATION





Jennifer Aniston GETTY IMAGES

Half a million in gifts? Life ain't shabby for Jennifer's main man

Dating Jennifer Aniston apparently has its perks, including lavish gifts.

The former Friends star has reportedly bought beau Justin Theroux around \$500,000 worth of extravagant presents, including a \$12,000 leather jacket that belonged to James Dean and a pair of high-end motorcycles, according to Grazia magazine.

"Neither Jen nor Justin seem embarrassed that

she is the main breadwinner. She is in a comfortable position, so why not spend money on the man she loves," a source says. Of course, the showering with gifts isn't a one-way street: "Justin loves buying Jen little gifts and going out of his way to show how much he cares," the source adds. "This is not a one-sided relationship at all, and Jen feels she is the luckiest girl in the world."

The Word

There he is, Miss Universe Canada?



THE
WORD
Dorothy Robinson
scene@metronews.ca

Is the world ready for a transgender Miss Universe contestant?

The quick answer to this is: No.

The longer explanation has to do with beauty pageant contestant Jenna Talackova, 23, who made it to the finals in the Miss Vancouver pageant, but was ultimately ruled ineligible due to her being biologically male. The 6-1 stunner did well — and even made it to the finals — but was disqualified after organizers learned she wasn't a naturally born female, according to CTV News.

"Jenna Talackova from Vancouver, British Columbia, will not compete in the 2012 Miss Universe Canada competition because she did not meet the requirements to compete despite having stated otherwise on her entry form," Miss



Universe Canada organizers said in a statement. "We do, however, respect her goals, determination and wish her the best."

According to CTV News, Talackova started hormone therapy at 14 and had gender reassignment surgery at 19.

Talackova is claiming discrimination, which Miss Universe Canada national director Denis Davila refutes, telling CTV News, "We have to have the facts straight. There is no discrimination here at all. You can look at it the way she wants to look at it ... but we all have to follow the same rules."

Miss Universe Canada says that Talackova indicated on her registration

form that she was born a female but later admitted that she was born a male, India Today reports.

Here's the thing: Whether you are applying for a job at Arby's or as a beauty pageant contestant in Canada, you can't lie on your application form.

And, as a woman, I can see where this is tricky. Women already earn, on average, 23 per cent less than our male counterparts in the working world.

Sadly, beauty pageants are one constant where we can compete on a level playing field.

A playing field where we compete in high heels and fake eyelashes, but a fair one nonetheless.

On the other hand, she



Jenna Talackova, transgendered contestant ousted from Miss Universe Canada 2012 competition, is pictured here in a Model Mayhem.com portfolio photo. MODELMAYHEM.COM

doesn't look like she had any less work than the rest of Miss Universe contestants, so what's the big deal?

The best way to discover, play and share music is Rdio.

Every day until April 16, we're
giving away a year of unlimited
music on Rdio!

Enter today at clubmetro.com

rdio

www.rdio.com

To register and for full contest
details visit clubmetro.com



Put away the pills; pain may be rooted in your self

Dig below the surface if you are suffering.

"The pain detective" is urging patients to look at the role stress plays in your injuries

CELIA MILNE

wellness@metronews.ca

Got pain?

If so, look at the big picture, says Dr. Hillel Finestone, who treats patients suffering from painful conditions.

Finestone, a.k.a. "the pain detective," says that injuries and wounds can take longer to heal if you are going through a difficult time, perhaps struggling with the loss of a job, stressed out by a breakup or divorce, being mired in a toxic relationship, or having been abused as a child.

"Psychological stress is associated with a slower or delayed healing of wounds or injuries," says Finestone, director of stroke rehabilitation research at the Elisabeth Bruyere Hospital in Ottawa. In his career treating pa-

Analysis

What to do about your pains

Dr. Hillel Finestone, the author of *The Pain Detective*, has some advice for getting to the bottom of your pains. "Never underestimate the ability of your life and feelings to affect your

tients with back pain, neck pain, fibromyalgia and other

health in both negative and positive directions. Ask yourself, What's going on in my life that could be causing my muscles to tense up, thus leading to a worsening of my back or neck pain? Can my negative mood be affecting my desire to exercise, leading me to eat too much, smoke more and live in an unhealthy way?"

pain conditions, Finestone tries to focus on the whole

person and what else is going on in their life, and not just the sore part. He has published scientific articles on the effect of stress on healing, and also wrote a book called *The Pain Detective: Every Ache Tells a Story*.

Ergonomic problems, such as uncomfortable chairs or a badly set-up workstation, can also keep you in pain.

"Millions of dollars are spent on pain-related medication," says Finestone. "Paying attention to the whole person could produce better outcomes, reduce disability and save money."



If back pain is consuming your life, there are ways to get rid of it, sans pharmaceuticals. ISTOCK PHOTOS

Skin care

Go deeper with skin protection

You know how damaging sun exposure can be to your skin — UVA and UVB rays lead to wrinkles, premature skin aging, brown spots and worse.

Here's the bad news: it looks like UVA/UVB rays are not the real villains.

New research suggests that infrared radiation — specifically IRA — penetrates the skin deeper than UVA and UVB rays, causing free radical damage and diminishing your skin's antioxidant

capacity.

Even the best sunscreens only block up to 55 per cent of UV-induced free radicals, and none of the IRA-induced free radicals.

To the rescue: Skinceuticals new Physical Fusion UV Defense SPF 50 (\$39), an ultra-sheer, mattifying, broad spectrum sunscreen with translucent colour spheres to enhance your natural skin tone.

METRO WORLD NEWS



Expert opinion

Depression days are over

Dr. Richard Bowskill, a psychiatrist at London's Priory Clinic, speaks about how the time switch can trigger changes.

"When the clocks go back in the autumn, people often suffer from seasonal affective disorder (SAD) as their 24-hour body clock (the circadian rhythm) is disrupted. This can trigger a drop in energy levels and in some people, depression. The good news is that winter is officially over and as



the days get longer, we can spend more time soaking up the sunlight. Springtime can cause a massive switch in behaviour in those most sensitive to the changes in light. Those that were feeling down and lethargic can become overactive and energized overnight."

3

LIFE

Coregasm

Exercise orgasms

Researchers at Indiana University have anecdotal evidence that exercise can lead to female orgasm. Exercises that can induce an orgasm are abdominal exercises, biking/spinning, climbing poles or ropes and weight lifting. The phenomenon is referred to as 'coregasm.'

Muscles

Hockey workouts

If Kate Middleton stays so slim and toned by playing hockey, then we are sure to be giving it a go. She has great legs, and we're hoping squeezing a couple of games in will have the same effect on us.

METRO WORLD NEWS

On the Web



Feds extend funding for northern tuberculosis research, testing

The fare at exceptional chef's new eatery underwhelms



Fried Fish SVJETLANA MLINAREVIC



LUNCH RUSH
Svjetlana Mlinarevic
life@metronews.ca

Since Michael Schafer is one of my favourite chefs, I decided to try his new restaurant Rudy's Eat and Drink.

The website describes the eatery as paying homage to the food of the late 1950s. This sounded like a fun place to eat so I invited a friend to join me.

The mains were not bad, but not special either.

My friend ordered the Full Monte Cristo (\$15.95), which

was piled high with ham, chicken and cheese.

I had the Fried Fish (\$16.95) cooked in a dill batter with fries. I liked the dill in the batter because it gave a unique take on a classic but my fries were cold and old.

However, the desserts were exceptionally good. The

Smores (\$8.95) were decadent with homemade marshmallows and the Lemon Meringue Pie (\$7.95) was possibly the best I have ever eaten in Winnipeg.

Overall, Rudy's is a good restaurant but it's a bit overpriced for average lunch fare.

Visiting the restaurant

Rudy's Eat and Drink

Address. 375 Graham Ave.

Phone. 421-9094

Website. rudyseatanddrink.com

Rating. 3/5

Price range. \$7.95 - \$55.95

Reservations. Yes

Client negotiations. Yes

Lunch with co-workers. Yes

Social lunch. Yes

Quick solo lunch. Yes

Tuna Melt. Childhood fave goes healthy

1. In bowl, combine red onion, spinach, mayo, tuna and pepper. Use fork to mash mix until mayo is evenly distributed.

2. Place toasted bagel halves on foil lined baking sheet. Divide tuna mix among bagel halves. Top evenly with cheese.

3. Bake in centre of 425 F (220 C) oven 5 mins. or until cheese is melted. Turn broiler to High and broil 3 mins. or until cheese is bubbling and starting to brown. **NEWS CANADA/ PRESIDENT'S CHOICE/ ADAPTED BY EMILY RICHARDS (VISIT EMILYRICHARDS.COOK.CA)**

Ingredients

- 3 tbsp (45 mL) finely chopped red onion
- 2 cups (500 mL) packed baby spinach leaves, chopped
- 5 tbsp (75 mL) light mayo
- 1 can (170 g) wild albacore flaked white tuna in water, drained
- 1/8 tsp (0.5 mL) freshly ground black pepper
- 2 thin multigrain bagels, lightly toasted
- 2/3 cup (150 mL) light triple cheddar shredded cheese



BRAMA
TELECOM INC.

Introducing Our Best Value

HOME PHONE

\$18⁹⁵ /month

India included Pakistan included Bangladesh included

UNLIMITED CANADA
INCLUDING **EXTRA 500 min***
WORLDWIDE CALLING

* calling to 45 countries around the world

15 Features included

FREE • activation • shipping • transfer your number

This offer valid until April 27, 2012

You could win

VISIT **3min metro.com** TO ENTER

50 phone packages include:

- Free phone adapter
- Free activation
- Free keeping your number
- Free shipping
- 3 month free service
- 3 month \$33 long distance

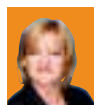
Start saving today!
No contract, No obligation

1 204-272-9044
www.bramatelecom.com

To register and for full content details visit club.metro.com

Conquer savings paralysis by being a 1% superhero

Baby steps. Why not give yourself a raise? Increase your savings by a little bit each year until you reach your goal.



YOUR MONEY
Alison Griffiths
money@metronews.ca

Is your savings plan a one step forward, two steps back exercise? Do you make tons of excellent resolutions, only to do a financial face-plant when temptation beckons? Or perhaps you

Alison's money rule

"Wealth will be in your future just by increasing savings by a small percentage annually."

get distracted by job, family, life and never manage to keep track so you really don't know where you are.

If you fit into one or more of these scenarios, a rescue by Superhero/ine 1% is in order. Yes, such a character exists — in fact, Marvel Comics has been beating down my door for the rights.

But while I'm waiting on millions in royalties, let's put Superhero/ine 1% to work for you.

Say you earn \$50,000 and are saving three per cent of your income (\$1,500) annually by contributing to an RRSP, TFSA or a savings account.

Ten per cent is usually the gold standard for savings. But getting to 10 per cent from three is like trying to lose 25 pounds in a couple of weeks. Maybe you can do it, but maintain it? Tougher.

If you stick with the current savings rate and manage a four per cent

return over the next 10 years, you'll have just over \$18,500 tucked away. I'm also adding in a salary boost of two per cent annually and assuming inflation is three per cent.

Now, take the hand of Superhero/ine 1% and increase your savings rate from three to four per cent annually (\$2,000). After 10 years you'd have more than \$24,600 squirrelled away. If this money is contributed to an RRSP, the net gain will actually be higher as your taxable income will be reduced.

Here's where Superhero/ine 1% really produces magic. If you can increase your savings by a single percentage point every year you'd have \$52,300 in hand.

Granted, at the end of 10 years your savings rate would be 13 per cent of income. To many that's too big a leap. Not only that, you might be saying, "In your dreams!" when looking at my salary increase

How much are we saving?

- **Nest eggs.** 2.3% of gross income (or 4.9% of after-tax income) is the average Canadian savings rate.

projection of two per cent annually.

My point is that by increasing your savings a small amount annually or until you reach a specific goal — say 10 per cent of income — you can conquer savings paralysis.

And it's all thanks to Superhero/ine 1%. You can play with your own figures with The New York Times' The 1% more saving calculator. (Visit nytimes.com and go to the Your Money section. From there, search for "The 1% more calculator.")

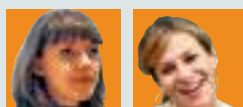
ALISON GRIFFITHS IS THE AUTHOR OF COUNT ON YOURSELF: TAKE CHARGE OF YOUR MONEY. REACH HER AT GRIFFITHS.ALISON@GMAIL.COM OR ALISONGRIFFITHS.CA



As your earn more, make sure to save more. iSTOCK

Advice

Don't deal with a dog



TWO SISTERS
Andrea and Claire
Life@metronews.ca

Dear Sisters,
I'm a freelancer and often work from cafes around town, where I meet interesting people. Lately

I've been chatting with a guy who has made it clear he's interested — always making eye contact, asking what I do, offering to share food with me, and generally showing interest in me. He's cute — or he was until he happened to mention that he's in a relationship. What's up with the mixed signals?
Confused but caffeinated!

Andrea: Dear CC,
It's pretty obvious that this guy is a dog. He sees something shiny, shakes his tail and wants to play fetch. But,



Relationship or not, some guys just like to flirt. iSTOCK

as cute as he may be, it'd be rude to kidnap someone else's puppy, now wouldn't

it? Thankfully the blood did eventually flow back to his brain when he mentioned

his relationship.

The way things were going, it sounds like you dodged a bullet there. The fact that he's still flirting with you though, does mean that he and/or his relationship has issues. He may see you as a great distraction, or a valid option to avoid loneliness should he break things off ... or he may see you as flirtatious fun. Either way, you don't need to get into this mess.

Claire: Dear CC,
What's that saying: You can window shop, you just can't

buy. Maybe he's window shopping his brains out, flirting via muffins and other baked goods because it makes his day a little more fun. I'm trying to put myself in his shoes — I think we've all done this at some point — enjoyed our attraction to someone all the more because it doesn't have to go anywhere. I know for a fact that I was a much better flirt when I was married, because I felt safe and strong.

And yes, it might indicate that his relationship isn't in great shape, but that's not for you to worry about.



MORE... Dates, Relationships, Possibilities

CALL NOW! 204-987-2222

Toll Free: 1-866-348-5282



lavalifevoice.com

COLLECT CALL BILLING! 1-866-607-5282 | 1-900 BILLING! 1-900-528-2543
Dial #CLICK (#25425) 79¢/min Bell, Rogers™, Fido | 99¢/min Virgin Mobile

ll lavalife
VOICE

4

SPORTS

Final Four

Vegas gives the odds to Wildcats

Sin City casinos are sticking with Kentucky and Ohio State as Final Four favourites and still think the Wildcats have by far the best shot of winning the NCAA title. Odds put out by Nevada casinos after the matchups were set show they think Kentucky — the No. 1 seed overall in the tournament — has a 52 per cent shot at the title despite needing to win two more games, gambling expert RJ Bell of pregame.com told The Associated Press. Casinos believe Ohio State has a 25 per cent chance, Kansas a 15 per cent chance and Louisville an eight per cent chance, Bell said. Kentucky meets Louisville and Kansas plays Ohio State on Saturday.

THE ASSOCIATED PRESS

NFL

Payton could 'probably' coach during appeal

NFL commissioner Roger Goodell might allow Sean Payton to coach the Saints while he appeals his season-long suspension for his role in the team's bounties program. "I said in a letter they have to appeal by April 2, I believe," Goodell said Monday at the owners' meetings in Palm Beach, Fla. "If he decides to appeal, I probably will allow him to continue and I would expedite the hearing and I would expedite my decision." Payton's agent, Donald Yee, said "no decisions have been made about an appeal" by his client.

THE ASSOCIATED PRESS



Canadian goalkeeper Michal Misiewicz gives up the game-tying goal against Cuba Monday night in Nashville, Tenn. FREDERICK BREEDON/GETTY IMAGES

Canada stunned in injury time

Soccer. "I think today they paid a bit of a price for being young and naive," says Fonseca

Canada moved on to the semifinals at the CONCACAF men's soccer Olympic qualifying tournament on Monday, but a goal conceded in injury time could derail its journey to the 2012 London Games.

With Canada seemingly headed for victory and a first-place finish in Group A, Cuba's Maykel Reyes scored in the first minute of extra time to force a 1-1 draw.

Evan James had given Canada a 1-0 lead in the first half.



Ottawa's Kyle Turris celebrates his goal on Jets goalie Ondrej Pavelec at MTS Centre on Monday night. MARIANNE HELM/GETTY IMAGES

Monday's game

1

Canada

1

Cuba

Instead of advancing to play the second-place team in Group B, Canada will likely have to play the powerful Mexicans in the semifinals. Only the two tournament finalists advance to the Olympics.

"The players are very upset right now," said Canadian manager Tony Fonseca. "Our focus is to recover and to prepare for semifinal."

Canada finished with five

U.S. eliminated

Jaime Alas scored in stoppage time as El Salvador ousted the United States from Olympic qualifying Monday with a 3-3 draw.

- The Americans had to win to reach Saturday's semifinals.

THE ASSOCIATED PRESS

points in three games and a goal differential of plus-2.

With two points in six games and a goal differential of plus-9, Mexico is all but assured to be Canada's opponent in the next round. That means the Canadians will have to pull out another upset to advance to

their first Summer Games since 1984.

Canada entered the game in prime position to win Group A after a stunning 2-0 upset of the U.S. on Saturday, and they looked poised to build on that against Cuba.

Canada opened the scoring in the 24th minute when Lucas Cavallini charged the Cuban goal then passed back to James, who fired a low shot to the far corner of the Cuban goal.

Russell Teibert nearly made it 2-0 on a free kick in the 70th minute, but Cuban goalkeeper Odisnel Cooper stretched to tip the ball over the net.

But Reyes tied the game in injury time after heading in a ball on a free kick past Canadian keeper Michal Misiewicz.

THE CANADIAN PRESS

NHL. Jets' playoff hopes take another hit

Daniel Alfredsson scored twice including the decisive goal in the dying minutes as the Ottawa Senators dimmed the playoff hopes of the Winnipeg Jets with a 6-4 win Monday.

Evander Kane gave the Jets hope at 17:03 of the third period after the puck went in off his arm as he was pushed into the net.

The goal was reviewed but stood to tie the game at four.

But Alfredsson scored his second goal of the game just 24 seconds later to silence what had been a raucous crowd at

Monday's game

6

Senators

4

Jets

MTS Centre.

Chris Neil, Kaspars Daugavins and Kyle Turris also scored for Ottawa (39-28-10), while Milan Michalek added one into an empty net.

Winnipeg's Antti Miettinen scored twice and Kyle Wellwood also scored as fans screamed themselves hoarse trying to give the Jets (35-33-8) the home-ice edge.

Time is running out for the Jets. There are just six games to go as they fight for the eighth and final Eastern Conference playoff berth.

It doesn't help that the two teams the Jets are struggling to catch, Buffalo and Washington, play each other Tuesday night, guaranteeing at least one will gain another two points.

THE CANADIAN PRESS

Blue Jays

McGowan signs extension

Pitcher Dustin McGowan has signed a two-year contract extension with the Toronto Blue Jays, the club announced Monday.

The deal pays him \$1.5 million US per season in 2013 and 2014 with a club option for 2015 worth \$4 million.

He signed a one-year deal in December for \$600,000.

The off-injured 30-year-old missed the 2009 and 2010 seasons and most of 2011 due to shoulder operations. McGowan pulled himself out of a game over the weekend with what was diagnosed as plantar fasciitis. He is currently listed as day-to-day.

THE CANADIAN PRESS

NHL



Daniel Sedin

DARRYL DYCK/THE CANADIAN PRESS FILE

Canucks confirm Sedin is concussed

Vancouver Canucks coach Alain Vigneault said Monday that winger Daniel Sedin has a concussion.

But the team stayed mum on Sedin's condition, or possible return before the playoffs.

"He's got a concussion, and when we have something more to say, we'll say it," said Vigneault. "We're just going to follow the (concussion) protocol, and when we have more, we'll share it with you."

THE CANADIAN PRESS

Soccer

'Encouraging progress' for Bolton's Muamba

Bolton midfielder Fabrice Muamba is eating again and has been able to leave his bed as he maintains "encouraging progress" in his remarkable recovery from a mid-game cardiac arrest March 17.

A joint statement from Bolton and the London Chest Hospital on Monday says Muamba remains in intensive care "where his condition is serious but stable."

THE ASSOCIATED PRESS

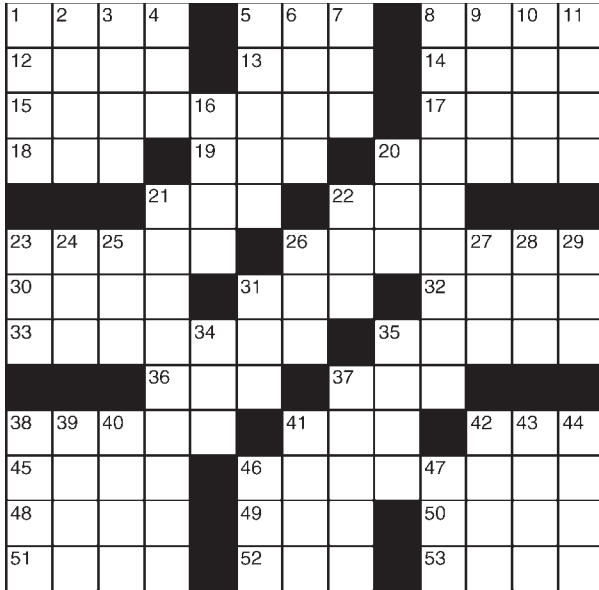
Crossword

Across

1 Sweater eater
5 Sinful
8 Robbers' foes
12 Emanation
13 Leading lady
14 Picnic hamperer
15 Medieval launcher
17 "Beetle Bailey" dog
18 Superlative suffix
19 De-pressed
20 "Nonsense!"
21 Upper limit
22 Egos' counter-parts
23 Abrasive powder
26 Belgian —
30 Long car
31 Moving vehicle
32 Greek vowel
33 Befuddle
35 Church musicmaker
36 Chicago team, for short
37 Mimic
38 Off-spring
41 Winter ailment
42 Frequently, in verse
45 Corporate symbol
46 Goalpost piece
48 PC maker
49 Clumsy sort
50 Long sandwich
51 Lincoln in-law
52 Mel of Cooperstown
53 Watched

Down

1 Spiked club
2 Not just mine
3 Race-horse's gait
4 Owns
5 Jazz style
6 Acknowledge



7 Morning moisture
8 Rapid exchange of words
9 Inauguration recitation
10 Pocket bread
11 Frosty's makeup
16 Do in
20 Sharable file
21 Arthur Wynne creation
22 Author Fleming
23 Sprite
24 Wire measure
25 Ostrich's cousin
26 1940s headline word
27 Journal
28 Schedule abbr.

29 — Diego
31 Irritate
34 Heavy weight
35 Piece of work
37 Soaring
38 Bed-frame piece
39 Somewhat, to the maestro
40 Worn
41 "Animal House" house
42 Do as you're told
43 Passenger's payment
44 Walked (on)
46 Bill and —
47 That woman

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Yesterday's answer



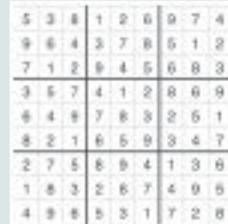
Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer



Send a kiss

- To Music.** if not for music, and its healing purposes as well as other methods. Music is by far the best route. To experiencing new magic at new beginnings, to knowing what it feels like in leaving. To each and every day — music is by far the best medicine for the soul besides praying to a higher power! good night everyone and hug someone it feels good, or smile — that feels good too. if all alone, you're not completely all alone! Wow, that was the longest, darkest tunnel ever crawled thru! There is the light! No, am not paying attention to past posts! am doing own thing.....Rock n Roll. From Music Lover
- Wish/Wash.** You can hold your convictions but you know that when you see me next, you're going to shatter. From True/Steady
- You Missed.** You'll get all you want if you go after it again. From Will
- Josh's friend.** You sound cute! Tell Josh that if I wasn't hopelessly in love with him, I might date you! Tell 'em my phone number is listed under "interests" on LinkedIn. From Julie

Weather



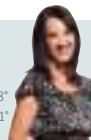
MAX: 14°
MIN: 6°



MAX: 6°
MIN: -2°



MAX: 8°
MIN: -1°



JENNA KHAN
WEATHER SPECIALIST

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 5:30 AM**

Horoscope

♈ Aries | March 21 - April 20.

Think about your next move, but don't make it yet.

♉ Taurus | April 21 - May 21.

Stay calm and refuse to panic. It may appear as if your world is being turned upside down but you should know by now that appearances are often deceptive.

♊ Gemini | May 22 - June 20.

Someone who does not share your open and optimistic way of looking at the world will challenge your viewpoint today, but you don't have to prove anything to anyone.

♋ Cancer | June 21 - July 22.

Start laying the groundwork for your future success.

♌ Leo | July 23 - Aug. 22. So

many changes are happening in your world that you can, if you wish, make a few major changes of your own.

♍ Virgo | Aug. 23 - Sept. 22.

Make a conscious effort to check the small print of everything you are working on today, especially if there is money involved.

♎ Libra | Sept. 23 - Oct. 22.

Do you know what you want? And do you believe you are capable of getting it? If the answer to both those questions is "yes" then you will begin to experience real success.

♏ Scorpio | Oct. 23 - Nov. 21.

It's time to start tackling all those things you have been avoiding.

♐ Sagittarius | Nov. 22 -

Dec. 21. If you need to say something of a delicate nature to a friend or family member, now is the time to speak up.

♑ Capricorn | Dec. 22 - Jan 20.

You may feel rather left out of things at the moment but in a way that's a good thing because it gives you time to think.

♒ Aquarius | Jan. 21 - Feb 18.

Treat yourself to some quiet "me time" away from the rat race. You've earned it.

♓ Pisces | Feb. 19 - March 20.

What other people see as a crisis doesn't bother you in the slightest. Why? Because you can see that, in the greater scheme of things, it is of no real importance. **SALLY BROMPTON**



Caption Contest

"I've heard winning by a noise ... but never a toe!!"
Nancy

VINCENT THIAN/THE ASSOCIATED PRESS

Win!



You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in yesterday's Metro.

metro

CANADA'S FIRST NEWS APP IN

NEWSSTAND

Now available for iPad, iPhone and iPod touch!

FREE TRIAL

lavalife®
VOICE

CALL NOW!
204-987-2222
Toll Free: 1-866-348-5282

COLLECT CALL BILLING! 1-866-607-5282
1-800 BILLING! 1-900-528-2543
Dial #CLICK (#25425) 79¢/min Bell, Rogers™, Fido | 99¢/min Virgin Mobile

18+ *Restrictions may apply

lavalifevoice.com

WagJag.com

DEAL OF THE DAY!

GET DEALS ON YOUR PHONE:



Buy For:
\$59

\$59 FOR A 12X36 IN. WRAPPED CANVAS WITH FRAME + \$60 CREDIT TOWARDS ANOTHER CANVAS PRODUCTS FROM IZZIT PRINT AND APPAREL (A \$180 VALUE)

Regular Price: \$180

You Save: \$121

Discount:

67%



DELIVERY

Multiple Offers

C3* FOR STRESS: TWO OPTIONS
OPTION 1: \$16.95 FOR 1 C3* FOR STRESS POWDERED SUPPLEMENT DRINK MIX (15 PACKS) OPTION 2: \$24.95 FOR 2 C3* FOR STRESS POWDERED SUPPLEMENT DRINK MIXES (30 PACKS)



Buy For:
\$59

\$59 FOR 2 BOTTLES OF RASPBERRY KETONE WEIGHT LOSS SUPPLEMENT FROM SNAGGERNET (A \$210 VALUE)



HIMARK
MARTIN TAILORS



Buy For:
\$399

\$399 FOR A CUSTOM TAILORED 2-PIECE SUIT FROM HIMARK MARTIN TAILORS (A \$1485 VALUE)



Buy For:
\$14

WagJag Golf

\$14 FOR \$30 TOWARDS ONLINE OR IN-STORE PURCHASES AT GOLF CLEARANCE WAREHOUSE

Golf Clearance Warehouse



Visit: **WagJag.com**

Follow us on:



facebook.com/wagjag
@wagjagwinnipeg

Hurry to WagJag.com to purchase local deals before time runs out.